

Introduction

With jewel-blue water sea water, silky sand and scalloped rock formations, Marinha Beach is one of the most photographed beaches on every traveler's itinerary.

So if you're keen to visit a **world-famous destination** with lots to offer, keep reading. Algarve Beauties' tried and true guide to visiting Marinha Beach starts now.

Quick links:

- [How To Get There?](#)
- [Golden Scenery at Marinha Beach](#)
 1. [The Marinha Beach Heart](#)
 2. [M Rock or Elephant Rock](#)
 3. [Praia do Buraco](#)
- [Things to Do at Praia da Marinha Beach](#)
 1. [Snorkel for Sea Stars](#)
 2. [Marvel at Marinha's Sea View](#)
 3. [Tan Like a Seasoned Pro](#)
 4. [Walk the Seven Hanging Valleys Trail](#)
 5. [Go Swimming](#)
 6. [Admire Marinha Beach by Boat](#)
 7. [Hop Over to Algar Seco](#)
- [Algarve Coast's Wildlife](#)



The Marinha Beach Heart

If you should walk west, above the golden sand, look out for one of the world's most famous symbols.

Because one day in time, someone like you sat down – in awe of the Atlantic coast – and made a breathtaking discovery: the Marinha Beach Heart.

Cupped by two arches and a dip on the mainland cliff, it's an iconic landmark to all who pass.

M Rock or Elephant Rock

Yet at super low tide, you'll spot a very unusual resident in Portugal.

The majestic **Elephant rock** or **M rock** lives out on a remote side of Marinha Beach, but when the tide is out, you can clamber over exposed reefs until you're closest to this incredible natural sculpture: *Arcos Naturais* so-called in Portuguese.

If you want to pass under its chiseled arches, you can [hire an unmanned kayak from Marinha Beach](#); only group tours are available from Benaqil



Photo by Inonoyazi

6. *Admire Marinha Beach by Boat*

Peppered with streaked rock formations, it's no wonder Marinha Beach is a hotspot for boat tours.

Orange limestone cliffs are one of its most striking features, especially paired with the brilliant Atlantic blue on a clear summer's day.

Blasted by waves and wind over millions of years with teeny changes every winter, looming sea stacks, squat rocks and double arcs are all that's left of a phantom coastline.

We recommend going on a boat tour from Portimao.



The Truth about Marinha Beach

Writing about Marinha Beach is nothing new.

It's been in the spotlight **since the 2000s**, becoming a mega destination due to its exotic qualities, and in more recent times, telltale **tags on social media**.

Yet before Marinha Beach's secret was revealed by promotional material aimed at a global audience, it was a hush-hush beach enjoyed by the Portuguese people on their days off.

In 2022 alone, millions of tourists descended on the Algarve. Because the best time to visit also means the busiest time.

Now with the summer crowds comes competition for space, heightened by high tide when the beach shrinks.

So if you're not keen on sharing this stunning beach with the world, skip the holiday rush at the tip of the season: in April and October.

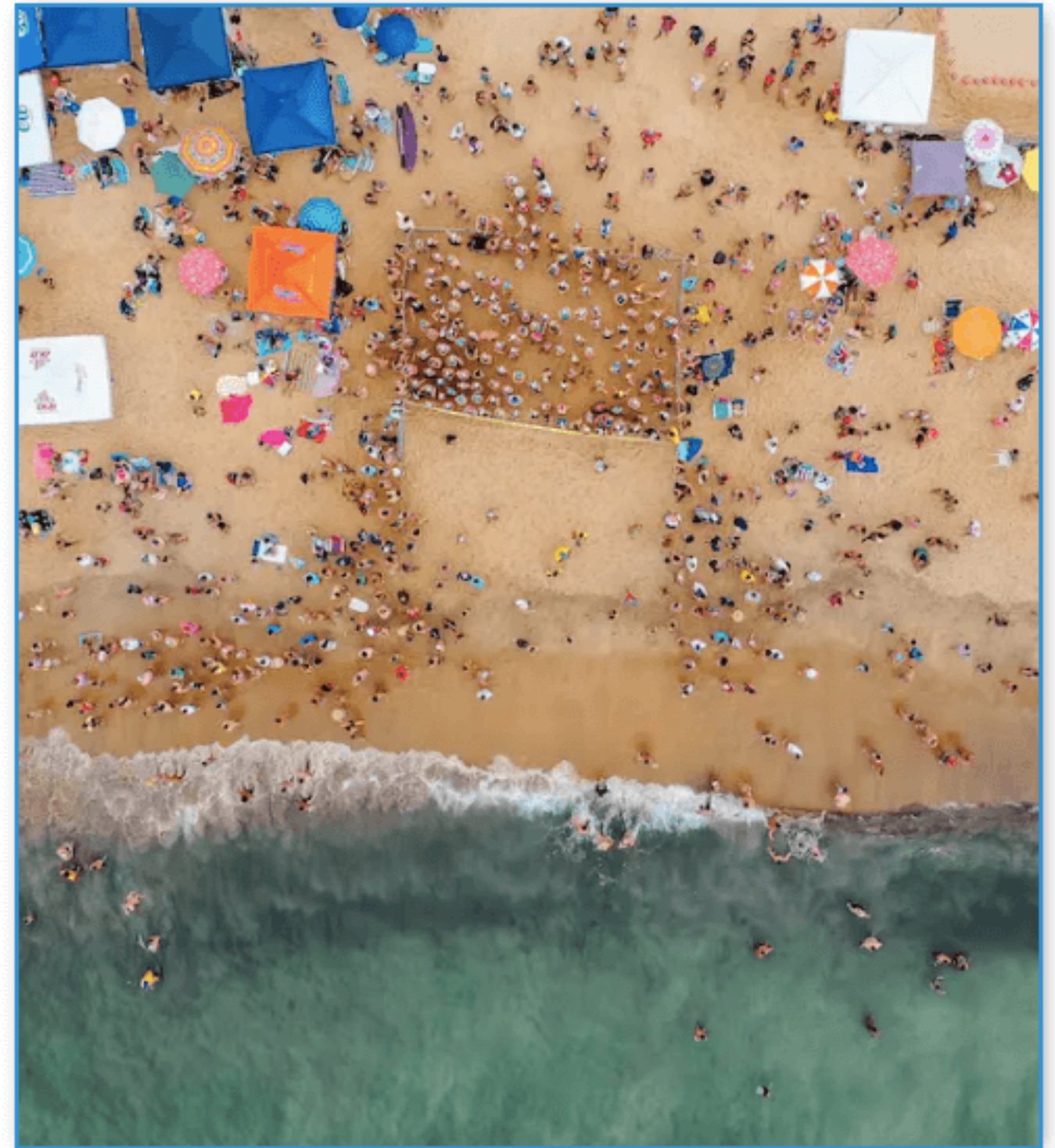


Photo by Sergio Souza

Conclusion

Marinha Beach invites you to experience one of the finest emblematic beaches in the Algarve. And with sunnier days in April, you can finally plan your well deserved escape.

So why wait a month longer? Start your summer today!

[SIGN ME UP](#)