

# Indulge Your Mind, Body and Soul in our Arrábida Paradise

Tucked away in quaint Aldeia de Irmãos, Arrábida Heritage is an enchanting guesthouse in the Quinta das Conselheiras estate. The rustic simplicity of our suites creates a cozy and tranquil ambience, with a private garden and pool only breaths away.

And with deluxe extras, you can indulge in a clubhouse, an equestrian centre with a Lusitano-horse stud farm, and a herbal spa.

Surrounded by inspiring beauty – vineyard slopes; white bougainvillea in bloom; endless trails into the valley beyond – it's easy to explore Azeitão and the Arrábida Natural Park by foot. But from the pool side, you'll find that the sunset is just as beautiful.

## The Mansion That Made History

Built in the early 17th century, the mansion's story goes back over 300 years.

First, it belonged to the Távora family otherwise called the Dukes of Aveiro. Close to King D. João V and his son, D. José I., the owner was a judge who dealt with traitors on behalf of the king.

Over time, the family's power soared, and with it, their influence of the courts and region. So when a road joining Azeitão to Portinho da Arrábida and Cabo Espichel split the land, in tribute, it became Quinta das Conselheiras.

Passed down through generations, Quinta das Conselheiras has housed a celebrated essayist and an equestrian master in the space of two centuries. Fast forward, and today it's a rustic retreat fit for royalty.

